



## DR. CONNIE MARIANO

Dr. Connie Mariano Dr. Connie Mariano is used to breaking barriers, used to shattering the glass ceiling. Born to a Navy father and Filipina mother in the Philippines, Mariano traveled and lived military base to military base, typical of the life of a family in the American armed forces. She graduated cum laude from the University of California, San Diego, earning her undergraduate degree in biology. After joining the US Navy in 1977, she earned her medical degree from the Uniformed Services University of Medicine in 1981. Along the way she accumulated life experiences and the desire to make her own mark in the world. She has achieved an impressive list of “firsts” that include:

- The first military woman to become the White House Physician to the President
- The first woman Director of the White House Medical Unit
- The first Filipino American in US history to become a Navy Rear Admiral

Since leaving the White House, Dr. Mariano founded the Center for Executive Medicine, a medical concierge practice in Scottsdale, AZ, and continues to care for CEOs and their families.

Author of the memoir, *The White House Doctor: My Patients Were Presidents*, Dr. Mariano is a frequent guest speaker in the media on the care of American presidents.