



## **Amanda Beard**

Amanda Beard made her first Olympic appearance at the 1996 Atlanta Olympic Games at the age of 14, while a student at Irvine High School in Irvine, California. She won silver medals in the 100-meter and 200-meter breaststrokes and gold in the medley relay. Her young-teen manner captured the attention of the media, and she was often photographed clutching her teddy bear, even on the medal stand. She won a bronze medal in the 200-meter breaststroke at the 2000 Sydney Olympics.

Amanda attended the University of Arizona, where she captured an individual NCAA National Championship in 2001. In 2003, she became the world champion and world record holder in the 200-meter breaststroke. At the Athens Olympic Games in 2004, Amanda won her first individual gold medal in the 200-meter breaststroke and a silver medal in the 200-meter individual medley. She is the winner of eight United States titles - three times in both the 200m breaststroke and the 100m breaststroke, plus twice in the 200m individual medley – and she was ranked first in a world for 200m breaststrokers in 2003.

Not only did she gain popularity with her swimming expertise, Amanda is also well known for her other endeavors. Modeling has become a full-time career that she would like to continue and is also interested in more TV hosting opportunities. Amanda spends much of her time doing appearances for her Olympic Sponsors, speaking engagements for Breast Cancer awareness and talking with young swimmers throughout the United States about overcoming obstacles and setting high goals.

### **STATS**

**Birthday:** October 29, 1981

**Hometown:** Irvine, CA

**Residence:** Venice, CA

**Sport:** Swimming

### **CAREER HIGHLIGHTS**

A Four-time Olympian and 7-Time Olympic Medalist

Tied the world record in the 200m breast, winning her first World title in 2003

First U.S. woman since 1968 to win Olympic gold in the 200m breaststroke

8 U.S. National titles

### **CHARITIES**

The Defenders of Wildlife Program as well as serves as a “clean water ambassador” for the Global Water Foundation