



## **Kyle Maynard**

Traffic jams, bills, bad weather, and work are things everyone complains about, but Kyle Maynard doesn't complain. Born without arms or legs below his elbows and knees, he excels as a champion athlete, motivational speaker, author, model, and entrepreneur.

A 2004 ESPY award winner, Kyle has shared his incredible story of passion, determination and perseverance on many of the nation's most popular programs including *The Oprah Winfrey Show*, *Larry King Live*, ABC's *20/20*, *Good Morning America*, and the *CBS Early Show*. He has also been a guest on HBO's *Real Sports*, and featured as a cover story in *USA Today*. Kyle continues to inspire others as the author of his autobiography *No Excuses*, a *New York Times* Bestseller.

Kyle recently opened his first fitness center, No Excuses CrossFit, in Suwanee, GA. He continues to train and compete in power lifting and Brazilian Jiu-Jitsu. And amidst much debate over his capability to compete in the sport, on April 25th 2009, Kyle made history by becoming the first quadruple amputee fighter ever to step into a cage and fight in Mixed Martial Arts.

Today, Kyle travels the U.S. and the world delivering his inspirational message to a wide range of audiences. He is extremely passionate about his work with the Wounded Warriors and the Fellowship of Christian Athletes. Kyle has accomplished it all with no complaints and *No Excuses!*